



**MENTOR**  
INDEPENDENCE  
REGION



# THE ESSENTIALS: A TRAINING FOR PEOPLE WHO MENTOR YOUNG BLACK & LATINO MEN

In order to build authentic relationships with young Black and Latino men and boys, mentors must delve deep into their own power and privilege, unpack their own biases, and understand how to manage and use them in a mentoring relationship.

Participants said:

- “I’m leaving with so much more than I entered the room with.”
- “[I appreciated] the ability to talk real about the problems of Black men and boys. There was no tip-toeing around the real issues.”
- “[I enjoyed] the diversity of the group, the content and delivery, and the presenters.”

In this training mentors will:

- Become more deeply aware of and reflect on their own **power and privilege**, and gain skills and strategies needed to develop **authentic relationships** with young Black and Latino men
- Develop an understanding of the **diverse resources** present in mentee’s communities
- Support young Black and Latino men in their **journey of empowerment** with evidence-based strategies, and work positively toward structural change

**Length:** eight hours

**Intended audience:** mentoring program staff, current and future mentors of young Black and Latino men

**Prerequisite:** participants acknowledge the existence of structural racism and its impact on young Black and Latino men

**Capacity:** maximum of 25 participants

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