

Please tell us your opinion of the training you received. Your answers will help us to make changes. Return this form to your training or conference facilitator.

Self-Assessment: Circle the ONE response that most closely matches your self-assessment.

1. How would you describe your knowledge and skills related to this topic BEFORE you participated in this workshop?	Expert I use regularly and teach others about the topic	Competent I use regularly but recognize I have things to learn	Apprentice I have a basic knowledge and limited experience	Novice I have a little or no knowledge and little or no experience
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Session Content: Circle the ONE response that most closely matches your opinion

As a result of attending this session:	Substantial	Moderate	Little	None
2. The new knowledge about this subject that I gained in this session is...	4	3	2	1
3. The new skills about this subject that I gained in this session is...	4	3	2	1
4. The understanding I gained regarding the value and relevancy of this subject is...	4	3	2	1
5. The level of confidence I now have in using the skills needed in this subject area is...	4	3	2	1
6. The improvement in my ability to access additional resources on this subject is...	4	3	2	1

Session Evaluation:

• Overall I considered this session	Very Useful	Useful	Somewhat Useful	Barely Useful	Not useful at all
• Overall activities were	Excellent	Good	O.K.	Poor	Very poor
• The information presented was	Excellent	Good	O.K.	Poor	Very poor
• The facilitators' skills were	Excellent	Good	O.K.	Poor	Very Poor
• The concepts presented were	Very Clear	Clear	Somewhat clear	Somewhat confusing	Confusing
• My expectations and needs were	Totally Met	Met	Somewhat Met	Barely Met	Not met at all
• The amount of new knowledge and/or skills that I acquired was	Overwhelming	Too Much	Just Right	Too little	Not Enough
• The hand-outs and materials were	Very Useful	Useful	Somewhat Useful	Barely Useful	Not useful at all

Comments: (use back if necessary)