



# Parent Check-in Questions

## *Best Practice Resources - Match Support*

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These questions are examples of match support questions program staff may ask parents/caregivers during regular check-ins.

Choose at least one question from each category:

Category	Examples of questions	What are you looking for?
Communication	<ul style="list-style-type: none"><li>• How is your daughter's match going?</li><li>• How often did [mentor's name] speak to your daughter over the past month? Did they communicate with phone, text, email, Facebook, etc?</li><li>• How often did [mentor's name] speak with you?</li><li>• Do you have any concerns about the mentors and the frequency of the communication?</li></ul>	<ul style="list-style-type: none"><li>• Appropriate frequency and means of communication.</li><li>• Signs of match not communicating.</li></ul>
Activities	<ul style="list-style-type: none"><li>• What activities did your son and [mentor's name] do together over the past month?</li><li>• Has your son given you any feedback about the activities?</li><li>• Do you know of any plans for the upcoming month?</li></ul>	<ul style="list-style-type: none"><li>• Developmental, pro-social activities.</li><li>• Youth feeling satisfied.</li><li>• Appropriate activities.</li><li>• Parent aware of match activities.</li></ul>
Goals	<ul style="list-style-type: none"><li>• What are your thoughts about how your daughter is doing?</li><li>• Your daughter and her mentor are focusing on x. Do you have any suggestions or concerns?</li></ul>	<ul style="list-style-type: none"><li>• Parent understands nature of mentoring relationship.</li></ul>
Relationship	<ul style="list-style-type: none"><li>• Do you believe the mentor is building an encouraging and strong relationship with your son?</li><li>• How does your son feel about his mentor?</li><li>• Have you noticed any changes in your son since we last spoke?</li></ul>	<ul style="list-style-type: none"><li>• Relationship development.</li></ul>
Child Safety	<ul style="list-style-type: none"><li>• Do you know what the match is doing before each outing?</li><li>• In case of an emergency, would</li></ul>	<ul style="list-style-type: none"><li>• Red flags on child safety.</li></ul>

	<p>you be able to reach the mentor or your daughter when they are meeting?</p> <ul style="list-style-type: none"> <li>• Do you have any concerns about the safety of your child?</li> </ul>	
Support	<ul style="list-style-type: none"> <li>• Do you have my contact information handy?</li> <li>• Are you receiving x? Do you know about x future training?</li> </ul>	<ul style="list-style-type: none"> <li>• Opportunities to improve support.</li> </ul>

These questions are examples of monitoring and support questions program staff may ask youth during regular check-ins:

- Do you enjoy spending time with your mentor?
- What do you enjoy most about having a mentor? What do you enjoy least?
- When was the last time you met with your mentor? What did you do together?
- How often do you see your mentor? How long do your meetings last?
- Does your mentor keep appointments? Does he or she show up on time?
- Who decides what activities you are going to do together?
- Do you like talking to your mentor?
- Do you feel safe when you're with your mentor?
- Tell me about a time when you laughed with your mentor. Tell me about a time you felt scared when you were with your mentor.
- Is there anything you would like to change about the visits?
- Is there anything you would like me to talk to your mentor about?