

# Connect – Focus – Grow: Leveraging the Power of Relationships Overview



Fall 2019

## WHY MENTOR INDEPENDENCE REGION?

**MENTOR Independence Region** is a local affiliate of **MENTOR: The National Mentoring Partnership** is the unifying champion for quality youth mentoring in the United States. MENTOR's mission is to close the "mentoring gap" and ensure our nation's young people have the support they need through quality mentoring relationships to succeed at home, school, and ultimately, **at work**. Locally embedded in **Big Brothers Big Sisters Independence**, we drive the investment of time and money into high impact mentoring programs and advance quality mentoring through the development and delivery of standards, cutting-edge research and state-of-the-art tools. Additional information can be found at [mentorir.org](http://mentorir.org).

## WHO WILL BENEFIT FROM CONNECT-FOCUS-GROW?

Connect-Focus-Grow is for corporations and organizations that:

- Host temporary or permanent traditional internship programs, youth summer interns, youth scholarship programs, or employ youth aged 16-24 years
- Leverage internal workplace mentoring programs and are looking to strengthen their mentoring efforts and drive results

## WHAT IS CONNECT-FOCUS-GROW?

- Connect-Focus-Grow promotes a relationship building framework grounded in positive youth development that emphasizes a bi-directional, collaborative relationship that engages the strengths of both supervisor/mentor and intern/mentee
- Connect-Focus-Grow is a training series that looks like
  - A 2-3 hour on-site **classroom style training** session for **supervisors/mentors** (an on demand online version can be available if classroom style isn't preferred or possible)
  - A 2-3 hour on-site **classroom style training** session for **youth interns/mentees** (an on demand online version can be available per above)
  - A **Mentoring Portal** that extends learning opportunities through 11 **on demand** courses, building on the Connect-Focus-Grow theme
- Optional: Additional opportunities for customized support from MENTOR Independence Region to strengthen the design, operations, and efficacy of your mentoring program

## WHAT IS THE CONTENT OF CONNECT-FOCUS-GROW?

The content of the training will be customized to ensure relevance for your culture. Our training is designed to be highly interactive and aligned with effective adult education practices. Learning objectives include:

- Connect:** Participants will learn tangible strategies and tactics to build trust and rapport, including support and celebration, positive youth development, and cultural humility.
- Focus:** Participants will learn tools and activities to leverage with mentees in setting goals and creating action plans to achieve those goals.
- Grow:** This content will review effective practices for giving and receiving feedback as well as dealing with common challenges in mentoring relationships.

## WHAT IS THE BUDGET FOR CONNECT-FOCUS-GROW?

Classroom trainings are offered for \$2,000 per session of up to 30 participants. The Mentoring Portal is offered at \$25 / person per year.

## CONTACT INFORMATION

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